

# Further Resources for Mental Health

Ada County, Idaho  
Boise and surrounding area

**Idaho Department of Health and Welfare  
Idaho Careline: 211 or 1-800-926-2588**  
The Idaho Department of Health and Welfare provides mental health services for adults and children throughout Idaho.

**Optum Idaho Member Access  
and Crisis Line  
855-202-0973**  
For Medicaid Participants

**Veteran's Crisis Hotline  
1-800-273-8255; Press 1**

**Veteran's Administration  
208-422-1000**

**Idaho Federation of Families for Children's  
Mental Health  
208-433-8845**  
704 North 7th Street Boise, ID 83702  
This organization provides support for families who need children's mental health services.

**Self Rescue Manual  
selfrescuemanual.com**  
Guide to community resources and supports in Ada County in PDF form

**Current Healthcare Provider**

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**Disclaimer:** NAMI Boise does not recommend, endorse, nor refer to any of the listed providers or services. Always use your best judgment to obtain the quality services needed. NAMI Boise does not know which services or providers are appropriate for you or your family member in any particular situation.

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## NAMI Support Groups

**National Alliance for Mental Illness (NAMI)**  
**208-376-4304 (Boise and Treasure Valley)**  
**208-242-7430 (Idaho State)**

NAMI provides free “Connections” support groups for people who have been diagnosed with mental illness. There are also “Family and Friends” support groups. Schedules are available at [namiboise.org](http://namiboise.org) or call the office for more information.

## Legal Resources

**Disability Rights Idaho**  
**866-262-3462** (statewide toll-free)  
Boise Office  
4477 Emerald Street, Suite B-100  
Boise, Idaho 83706-2066  
208-336-5353  
800-632-5125 (toll-free)

**Idaho Legal Aid Services**  
**208-345-0106 Boise**  
208-336-8980 Administration Office  
for State of Idaho  
1447 S. Tyrell Lane  
Boise, Idaho 83706

**Idaho Volunteer Lawyers** (no criminal matters)  
**208-334-4510**  
**800-221-3295**  
525 W. Jefferson Street  
Boise, Idaho 83702

If charged with a nonviolent felony and already diagnosed with “severe and persistent mental illness” in Ada County, a person might qualify for Mental Health Court. Mental Health Court provides a treatment plan and connection to services during probation.

**Ada County District Court**  
**Mental Health Court Coordinator**  
**Kelly Jennings**  
**208-287-7507**  
200 W. Front Street, Room 4105  
Boise, Idaho 83702

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