



Brighter Future HEALTH, Inc.

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BrighterFutureHealth.com

Referring Agency _____

Referring Contact/number _____

Client name _____

Insurance/Member ID _____ Client M/F DOB _____

Client address _____

Client phone number _____

Primary Physician _____

1. Has this person received services from other Behavioral Health Agencies? Y or N (Please list Agency)

2. Is this person in need of a Language interpreter Circle Y or N Please list language

Please check all services being requested:

CBRS Refugee Specialist CBRS Case Management Anger Management

Peer Support Counseling Family Support Specialist

We at Brighter Future Health would like to thank you for your referral to our agency. We will be contacting the client within twenty four hours of receiving the referral to schedule a diagnostic assessment. After the assessment, we will create a treatment plan that focuses on the client's goals and will be contacting Optum for authorization of units. We appreciate any records you may have in assisting with this process. We are happy to accommodate any special requests that you may have and look forward to helping your client in starting a path to a brighter future.

Refugee and CBRS Specialists (formerly PSR)-Community Based Rehabilitation services are a cutting edge resource. When participating in CBRS, you receive the benefit of one on one service with one of our highly trained providers. Unlike therapy, CBRS allows providers to enter your home and go into the community with you in order to help you feel comfortable with your surroundings and deal with the stressors you experience. Brighter Future Health has extensive experience in working with the refugee population. We have interpreters that speak many different languages that we work side by side with when serving our clients. All of our providers receive extensive training on customs and traditions as we help refugee families adapt to their new homes. When you feel overwhelmed by your stressors, or simply need assistance in dealing with the situations that arise in life, your CBRS provider will be there to assist you. If you also participate in therapy, CBRS acts to help you take what you have learned from your therapist and apply it at home and in the community.

Peer Support Specialist-Peer Support Specialists support recovery using their own life experiences in managing a mental illness. PSS build a working relationship and promote confidence, reassurance, and hope that recovery is possible with the peers they work within our program. All peer support specialist are certified and receive guidance from our therapists. Our peer support specialists look forward to helping a recovery to a Brighter Future.

Case Management-We understand the difficulties that come up when you are dealing with your mental health diagnosis. It can appear very difficult to properly care for your mental health when you are having difficulties with income, housing, medical care or other issues with your basic needs. Case management gives you the benefit of having someone there to assist you with those needs so you don't have to worry about them constantly. As you begin to be assured that your basic needs are being met, you may then focus on finding your path to happiness in life.

Counseling Services-Our therapists focus on your needs by taking time to understand what is important to you. We understand that one size does not fit all when it comes to the emotional stress of life. We strive to understand you and go to great lengths to tailor your therapy to your needs. Our goal is to provide a stress free environment where you can be comfortable both physically and mentally while you are talking about one of our therapists. We do everything possible to help you find your road to success.

Anger Management-our program is designed to help you recognize, overcome, and control your anger management challenges. The program follows the "MRT Anger Management" curriculum and cognitive behavior workbook, which follows an 8 module format that can be completed in as little as 8 weeks, depending on participation, involvement, and individual external requirements

We will offer the groups at \$20 a session. A pre-assessment will need to be completed for each participant. There will be a \$25 intake fee (workbook included).

If participation is required, please verify individual requirements set forth by assigned agency and bring a copy of the court order with you to your assessment.