



EMBRACING THE CULTURALLY DIVERSE: APPLYING ETHICALLY SOUND APPROACHES IN CLINICAL PRACTICE

With Latasha Matthews, MA, LPC, CPCS, CPLC

Thursday, March 31, 2022 | 10:00 AM - 12:00 PM (MST)

Online Webinar

2 CEUs pending: LSW, LMSW, LCSW, LPC, LCPC, LMFT

Empower Idaho trainings approved to offer CEUs for LSW, LMSW, LCSW through the National Association of Social Workers also qualify for CEUs for LMFT, LPC, and LCPC. [Learn more](#)

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Webinar Objectives:

We know that biases and barriers exist in access to client care which can negatively impact the client's ability to heal. In this 2-hour continuing education webinar, Latasha Matthews will highlight the importance of cultural humility and the ethical role mental health clinicians hold in providing compassionate care. She will outline approaches for ensuring goodness of fit when working with diverse clients and strategies for providing ethically sound services that protect and benefit both clinicians and the clinician's clients. This webinar is also designed to help mental health professionals take an introspective look at themselves and how their own values and worldviews can impact their work with diverse clients and populations.

- Identify and examine how personal values impact their work with clients
- Define and explain cultural humility
- Analyze treatment modalities to ensure goodness of fit when working with diverse clients
- Examine common ethical dilemmas faced in working with diverse clients
- Identify how worldviews may influence the ability to understand, empathize, and work effectively with diverse clients

This webinar is designed for behavioral health providers

Latasha Matthews (she/her), MA, LPC, CPCS, CPLC, is known as America's Emotional Wellness Expert. She is co-founder of Pieces That Fit, Inc. and the CEO and Clinical Director of Illumination Counseling and Coaching, LLC. Latasha is well versed in providing individual, couples, adolescent and family therapy in her group practice in Lawrenceville, GA. Latasha has an extensive background in business, human resources, and training. With over 15 years' experience as a Licensed Professional Counselor, life coach, speaker, and author, she utilizes a family systems approach, which considers how a particular system impacts an individual person, organization, or situation. In addition to Latasha's clinical experience, she also provides continuing education for clinicians and holds the position of adjunct professor at several universities. In addition to Latasha's clinical experience, she also provides continuing education for clinicians and holds the position of adjunct professor at several universities. Latasha is an advocate for emotional wellness and balance and is the author of "The Dumping Ground" which was on the bestseller's list in 2016. She has trained 1000's of individuals globally on the importance of setting healthy boundaries. Latasha has received numerous awards, written numerous article publications and has been awarded countless speaking opportunities for her advocacy work supporting healthy boundaries. Latasha has developed training on race and culture to help organizations understand the importance of diversity, equity and inclusion and how it impacts the overall profitable, morale and brand of the company.