

THE OFFICE OF THE MAYOR
CITY OF BOISE,
STATE OF IDAHO
PROCLAMATION

- WHEREAS, mental health impacts the wellbeing and quality of life of each Idahoan and is integral to building and maintaining a meaningful and joyful life and thriving communities; and
- WHEREAS, over 30 percent of Idaho adults reported symptoms of anxiety or depressive disorder during the COVID-19 pandemic; and
- WHEREAS, Idaho ranks 45th in the nation for rate of children with private insurance that does not cover mental or emotional problems, 18,000 Idaho youth did not receive treatment for depression in the last year, over 24 percent of Idaho adults live with a mental health condition, 40,000 Idaho adults with any mental illness are uninsured and 84,000 Idaho adults experience serious thoughts of suicide; and
- WHEREAS, recovery and hope are possible for those living with mental illness and these individuals and their family members deserve affordable access to treatment and resources; and
- WHEREAS, education and awareness about mental health conditions and substance use disorders decreases stigma and promotes a culture of compassion, understanding and progress; and
- WHEREAS, providing treatment and access to mental health services results in lives saved and brighter futures, and is in the best interest of state-wide health outcomes, productivity and fiscal responsibility;

NOW, THEREFORE, I, Lauren McLean, Mayor of Boise, do hereby proclaim May 1-30, 2023, as:

MENTAL HEALTH AWARENESS MONTH



in the City of Boise and I encourage our residents to pursue needed mental health treatment, to provide educated support to struggling loved ones, and to offer acceptance to our neighbors living with mental health conditions.

IN WITNESS, WHEREOF, I have hereunto set my hand and caused the Great Seal of the City of Boise to be affixed at Boise City Hall this twenty-sixth day of April in the year two thousand and twenty-three,

A blue ink signature of Lauren McLean, the Mayor of Boise, Idaho. The signature is written in a cursive style and is positioned above a horizontal line.

MAYOR OF BOISE, IDAHO