



Empower Idaho, a Program of Jannus, Inc.  
1607 W Jefferson Street  
Boise, ID 83702



Dear Kristen Heller,

Empower Idaho, in partnership with the Region 3 Behavioral Health Board, is pleased to inform you that you have been chosen to receive the 2023 Mental Health Advocate Award in celebration of Idaho Mental Health Month. Each of Idaho's seven Behavioral Health Boards selected an individual in their respective communities who exemplifies community advocacy, resiliency, and passion for mental health. Your work embodies these qualities and deserves recognition and celebration.

A few words from the Region 3 Behavioral Health Board: Kristen is constantly seeking and finding ways to help build up and advocate for services for our mental health community. In 2022, Kristen participated and joined the Region 3 Behavioral Health Board as the Prevention Specialist, a certification she went out of her way to receive to further better our community. Once joining the Region 3 Behavioral Health Board, Kristen chaired the Recovery Day committee to ensure that we had a Recovery Day in Canyon County. Kristen effectively ran this committee and ensured that a great Recovery Day was run in Canyon County that was for the betterment of our community. Kristen further was the Program Manager with GEO Reentry Services that collaborated with the Idaho Department of Corrections that ensured that individuals on Felony Supervision were receiving the care they needed to address their behavioral health needs. Kristen now furthers her efforts in helping our community with behavioral health needs in her new role as Associate Behavioral Health Director for CCBHC with Terry Reilly Health Services. Kristen Heller is very deserving of this award for all her ongoing efforts for our community.

Congratulations on receiving this meaningful recognition. The Empower Idaho team is grateful for the opportunity to honor you in this way. Please accept this award to commemorate what you mean to the Idaho Mental Health Community, as well as this certificate in recognition of your hard work and commitment to serving others!

Sincerely,

Alejandra Del Toro  
*Empower Idaho Program Manager*