



Empower Idaho, a Program of Jannus, Inc.
1607 W Jefferson Street
Boise, ID 83702



Dear Matt Hardin and Myrna Daniels,

Empower Idaho, in partnership with the Region 6 Behavioral Health Board, is pleased to inform you that you have been chosen to receive the 2023 Mental Health Advocate Award in celebration of Idaho Mental Health Month. Each of Idaho's seven Behavioral Health Boards selected individuals in their respective communities who exemplify community advocacy, resiliency, and passion for mental health. Your work embodies these qualities and deserves recognition and celebration.

A few words from the Region 6 Board and the Southeast Idaho Behavioral Crisis Center board: Matt Hardin is the Clinical Director of our Southeast Idaho Behavioral Crisis Center & Myrna Daniels is the Assistant Director. They go above and beyond everything that they do from advocacy to outreach in all the communities within our region. They advocate, serve with respect, and educate everyone that they encounter about the importance to better understand mental health and substance use disorders in our communities. They also work hard to reduce the stigma and eliminate the many barriers to treatment. All of this while providing "in the trenches" services for our citizens that are struggling with mental health issues and substance use disorders. They work daily and directly with all hospitals in our region and many law enforcement agencies in helping clients to receive treatment instead of being placed in jails and discharged from emergency rooms. They have been very successful in meeting with the Tribe in our area as well. Myrna has been working hard at reaching into our Spanish speaking community members and offering treatment as well as other services. We can't think of 2 more deserving people in our community. They are very humble about all the work they do and never seek accolades for their hard work. They work closely with ISU in bringing students into the center to create more qualified professionals to enter the workforce and provide services in our communities. We highly recommend them both as a team, not one over the other as they lift, support and inspire each other to the cause.

Congratulations on receiving this meaningful recognition. The Empower Idaho team is grateful for the opportunity to honor you in this way. We are in the process of creating a physical award to commemorate what you mean to the Idaho Mental Health Community, which will be mailed to you. In the meantime, please accept this certificate in recognition of all your hard work and commitment to helping others!

Sincerely,

Alejandra Del Toro
Empower Idaho Program Manager