



Empower Idaho, a Program of Jannus, Inc.
1607 W Jefferson Street
Boise, ID 83702



Dear Crista Henderson,

Empower Idaho, in partnership with the Region 7 Behavioral Health Board, is pleased to inform you that you are the recipient of the 2023 Mental Health Advocate Award in celebration of Idaho Mental Health Month. Each of Idaho's seven Behavioral Health Boards selected an individual in their respective communities who exemplifies community advocacy, resiliency, and passion for mental health. Your work embodies these qualities and deserves recognition and celebration.

A few words from the Region 7 Behavioral Health Board: Crista has a passion for and cares about helping those that are in any type of behavioral health situation. Crista has worked for Bonneville County as the Social Services Director for many years and has served on several boards related to behavioral health in Region 7 including the Crisis Center, the Center for Hope, and as a proxy for Commissioner Reed on the Behavioral Health Board.

Congratulations on receiving this meaningful recognition. The Empower Idaho team is grateful for the opportunity to honor you in this way. We are in the process of creating a physical award to commemorate what you mean to the Idaho Mental Health Community, which will be mailed to you. In the meantime, please accept this certificate in recognition of all your hard work and commitment to helping others!

Sincerely,

Alejandra Del Toro
Empower Idaho Program Manager