

May 27, 2020



Dear Michelle LaRock,

Empower Idaho is pleased to inform you that you have been selected by the Region 6 Behavioral Health Board as their 2020 Idaho Mental Health Month Advocate Awardee! The Behavioral Health Board was asked to identify an individual in their community who exemplifies community advocacy, resiliency, and dedication to the advancement of mental health in Idaho. All of these qualities were recognized in you and are deeply appreciated by your community.

The Board has selected you as their Mental Health Advocate because of your work as both a mental health and a recovery advocate. Your willingness to share your story of helping others and raising awareness demonstrates your commitment to advocacy work. In addition, your time spent as a mentor for Mental Health Court, as the Vice President for Idaho Network 4 Mental Wellness, and your sponsorship of three recovery groups in your community make you an exemplary Mental Health Advocate for 2020 Mental Health Month.

Your physical award will be mailed at a later date due to the impact of COVID-19 on local business operations. In the meantime, please accept this certificate in recognition of all of your hard work and commitment to helping others, which has not gone unnoticed. On behalf of the Region 6 Behavioral Health Board and Empower Idaho, we thank you for your community-mindedness and for your example of what it means to be an advocate. Congratulations on receiving this prestigious acknowledgement!

Sincerely,

Anna Guida, MPA
Project Manager - Empower Idaho