



Empower Idaho, a Program of Jannus, Inc.
1607 W Jefferson Street
Boise, ID 83702



Dear Jason Coombs,

Empower Idaho, in partnership with the Region 4 Behavioral Health Board, is pleased to inform you that you have been chosen to receive the 2022 Mental Health Advocate Award in celebration of Idaho Mental Health Month. Each of Idaho's seven Behavioral Health Boards selected individuals in their respective communities who exemplifies community advocacy, resiliency, and passion for mental health. Your work embodies these qualities and deserves recognition and celebration.

A few words from the Region 4 Behavioral Health Board: Jason Coombs is a person in long-term recovery and the Founder and CEO of nationally accredited Brick House Recovery. He earned a Master of Professional Communications (MPC) degree and has a deep passion for recovery. In fact, he is the author of the newly released book, *Unhooked: How to Help an Addicted Loved One Recover*. He is a professional TEDx speaker, consultant, and leadership expert. Jason serves on the Meridian Anti-Drug Coalition, Drug-Free Idaho, and works closely with the Institute for Addiction Study. Currently, Jason serves on the Idaho Conference on Alcohol and Drug Dependence board.

Jason's journey is one to be shared with the world! His profound experiences and life decisions have led him to a place to be a lighthouse for others. He is passionate and truly cares and loves helping others. He used his personal experiences to transform his life, he has learned how to powerfully leverage those to enhance, change and literally SAVE the lives of many, many others. Jason has a passion for avocation and is truly inspiring.

Congratulations on receiving this meaningful recognition. The Empower Idaho team is grateful for the opportunity to honor you in this way. We are in the process of creating a physical award to commemorate what you mean to the Idaho Mental Health Community, which will be mailed to you. In the meantime, please accept this certificate in recognition of all of your hard work and commitment to helping others!

Sincerely,

Anna Guida, MPA
Empower Idaho Program Manager