

Lindsay Brown, CPRC-S, CPSS
13 May 2021



Dear Lindsay,

Each of Idaho's seven Regional Behavioral Health Boards held a vote to select an individual in their respective communities who exemplifies community advocacy, resiliency, and passion for mental health. Empower Idaho is pleased to inform you that you have been selected by the Idaho Department of Health and Welfare's Region 4 Behavioral Health Board to receive the 2021 Mental Health Advocate Award in celebration of Idaho Mental Health Month!

Lindsay has been an incredible partner to Empower Idaho; her perspective and compassion are invaluable to the behavioral health space in Idaho. Everyone who has had the opportunity to work with Lindsay understands that they are lucky to have access to her insight and expertise. She truly understands what people seeking recovery need to propel them into a life they deserve. In the words of the Region 4 Behavioral Health Board, "Lindsay is an amazing peer support specialist/recovery coach that utilizes her lived experience with both substance use disorder and mental health with her training to help clients find their own path to recovery. She has an extraordinary ability to connect with individuals on a peer-to-peer basis, provide support and encouragement and takes a truly strengths based approach to empowering her clients to navigate their own recovery. Lindsay works tirelessly to connect individuals to needed community supports and provide ongoing encouragement that enables her clients to stabilize and maintain their recovery."

Congratulations on receiving this meaningful recognition. The Empower Idaho team is grateful for the opportunity to honor you in this way. We are in the process of creating a physical award to commemorate what you mean to the Idaho Mental Health Community, which will be mailed to the Behavioral Health Board, or directly to you. In the meantime, please accept this certificate in recognition of all of your hard work and commitment to helping others!

Sincerely,

A handwritten signature in black ink that reads "Anna Guida".

Anna Guida, MPA
Project Manager - Empower Idaho