



Information for Artists

2024 Idaho Mental Health Month Art Exhibition

Submission deadline: May 1, 2024

How to submit pieces: Complete the online submission form. This includes reviewing, filling out, and signing the Art Release Waiver in addition to emailing your art piece(s) to empoweridaho@jannus.org.

Mediums welcome: Drawing, painting, sculpture, mixed media, poetry, spoken word, music, dance, and beyond!

Frequently Asked Questions

Q: Who may submit art? **A:** Any Idahoan who identifies as having a relationship with mental health. All ages welcome.

Q: How many pieces may I submit? A: Up to 5 pieces.

Q: Where will the art be displayed? **A:** At the Virtual 2024 Idaho Mental Health Month Art Exhibition and Empower Idaho's websites and social media (@EmpowerIdaho).

Q: Does the art need to be there, physically? **A:** No. Electronic files will be displayed.

Q: May incarcerated folks submit their art? **A:** Yes. Anyone who would like to share their experience with mental health may submit their work.

Q: Will I be able to speak about my art? **A:** Yes, there will be an opportunity to share about your work during the virtual event.

Q: How will the Art Exhibition be set up? **A:** There will be two parts – one for all ages and one for adult topics.