



Dear Tricia Ellinger,

Empower Idaho, in partnership with the Region 3 Behavioral Health Board, is pleased to inform you that you have been chosen to receive the 2024 Mental Health Advocate Award in celebration of Idaho Mental Health Month. Each of Idaho's 7 Behavioral Health Boards selected an individual in their respective communities who exemplifies community advocacy, resiliency, and passion for mental health. Your work embodies these qualities and deserves recognition and celebration.

A few words from the Region 3 Behavioral Health Board about Tricia: Tricia has been active in her participation to the Region 3 Behavioral Health Board for the last three years and has made a remarkable impact in the communities fortunate to see the fruits of her labor. Working with Tricia it is quickly apparent that her concern and advocacy for clients she influences is born through a personal passion and drive to improve behavioral health services for all communities regardless of their geographic size or resource needs. As a board member, she was able to join other advisory committees such as the Western Idaho Youth Advisory Committee, Optum Member Advisory Committee, Idaho Resilience Project, Idahoans for Safe Schools, Gem Community Health Coalition as well as various YES workgroups.

Congratulations on receiving this meaningful recognition. The Empower Idaho team is grateful for the opportunity to honor you in this way. We are in the process of creating a physical award to commemorate what you mean to the Idaho Mental Health Community, which will be mailed to you. In the meantime, please accept this certificate in recognition of all of your hard work and commitment to helping others!

Sincerely,

Alejandra Del Toro  
Empower Idaho  
Program Manager

Empower Idaho, a  
Program of Jannus, Inc.  
1607 W Jefferson Street  
Boise, ID 83702