



Dear Dr. Ryan Hulbert,

Empower Idaho, in partnership with the Region 5 Behavioral Health Board, is pleased to inform you that you have been chosen to receive the 2024 Mental Health Advocate Award in celebration of Idaho Mental Health Month. Each of Idaho's 7 Behavioral Health Boards selected an individual in their respective communities who exemplifies community advocacy, resiliency, and passion for mental health. Your work embodies these qualities and deserves recognition and celebration.

A few words from the Region 5 Behavioral Health Board and Tammy Felps who recommended Dr. Hulbert: Dr. Hulbert has had a long career of working to improve the mental health of members of his community. He has written several books and workbooks, and even a board game, to help people gain a better understanding of their individual, family, and community health, that he often freely distributes to those who may benefit from them. He has created videos and a website to reach a broader audience and participates in several committees to stay involved in the community he has worked with the Duck Valley Tribe, schools, juvenile detention centers, community programs, individual providers, and inpatient facilities to improve the mental health of children and families. Dr. Hulbert gives of his talents to help new and current providers improve their professional skills. He is a generous spirit who cares greatly about advocating for improved mental health for everyone. I am truly blessed to count him among my friends and mentors, and I would like to submit his name for this recognition.

Congratulations on receiving this meaningful recognition. The Empower Idaho team is grateful for the opportunity to honor you in this way. We are in the process of creating a physical award to commemorate what you mean to the Idaho Mental Health Community, which will be mailed to you. In the meantime, please accept this certificate in recognition of all of your hard work and commitment to helping others!

Sincerely,

Alejandra Del Toro
Empower Idaho
Program Manager

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