



Dear Nancy Espeseth,

Empower Idaho, in partnership with the Region 7 Behavioral Health Board, is pleased to inform you that you have been chosen to receive the 2024 Mental Health Advocate Award in celebration of Idaho Mental Health Month. Each of Idaho's 7 Behavioral Health Boards selected an individual in their respective communities who exemplifies community advocacy, resiliency, and passion for mental health. Your work embodies these qualities and deserves recognition and celebration.

A few words from the Region 7 Behavioral Health Board about Nancy: Nancy Espeseth is the Executive Director of the Center for Hope and Center for Hope South. Nancy has a passion for recovery and is passionate about working with individuals with substance use disorders and mental health illnesses. Nancy has played a key role in the opening up of Center for Hopes in multiple locations outside of Idaho Falls (Rexburg, Blackfoot, Soda Springs, American Falls, and Pocatello). Many individuals benefit because of the work that Nancy provides to our community.

Congratulations on receiving this meaningful recognition. The Empower Idaho team is grateful for the opportunity to honor you in this way. We are in the process of creating a physical award to commemorate what you mean to the Idaho Mental Health Community, which will be mailed to you. In the meantime, please accept this certificate in recognition of all of your hard work and commitment to helping others!

Sincerely,

Alejandra Del Toro
Empower Idaho
Program Manager

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